

NARRADRAMA

Newsletter 01 - November 2025

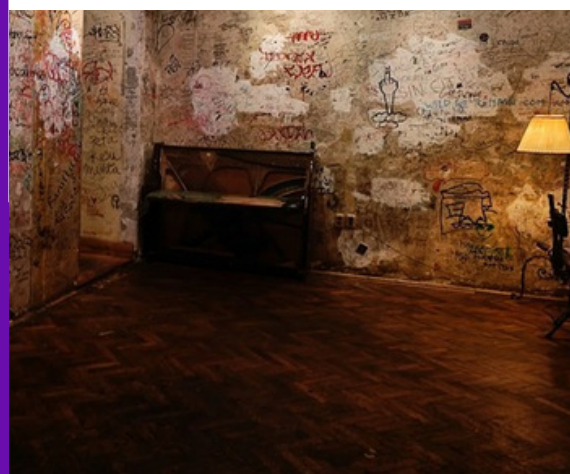


THE ABILITY TO TELL YOU

Every story told by a young person contains a possibility for change. Narradrama is born from this conviction: to bring together autobiographical writing and theatre in order to give new meaning to vulnerability and to weave a sense of community.

TAKE PART

From September 2025 to September 2026, three organizations in Italy and Spain will develop storytelling and dramatherapy methods for young people aged 16 to 20 who have experienced situations of isolation, migration, or trauma.



TO FEEL WHAT I FEEL

The project, funded by Erasmus+, aims to create a space in which young people can learn to tell their own story, to reshape it, to perform it, and to share it in a collective book and audiobook that will be presented at the Turin International Book Fair.



OBJECTIVES

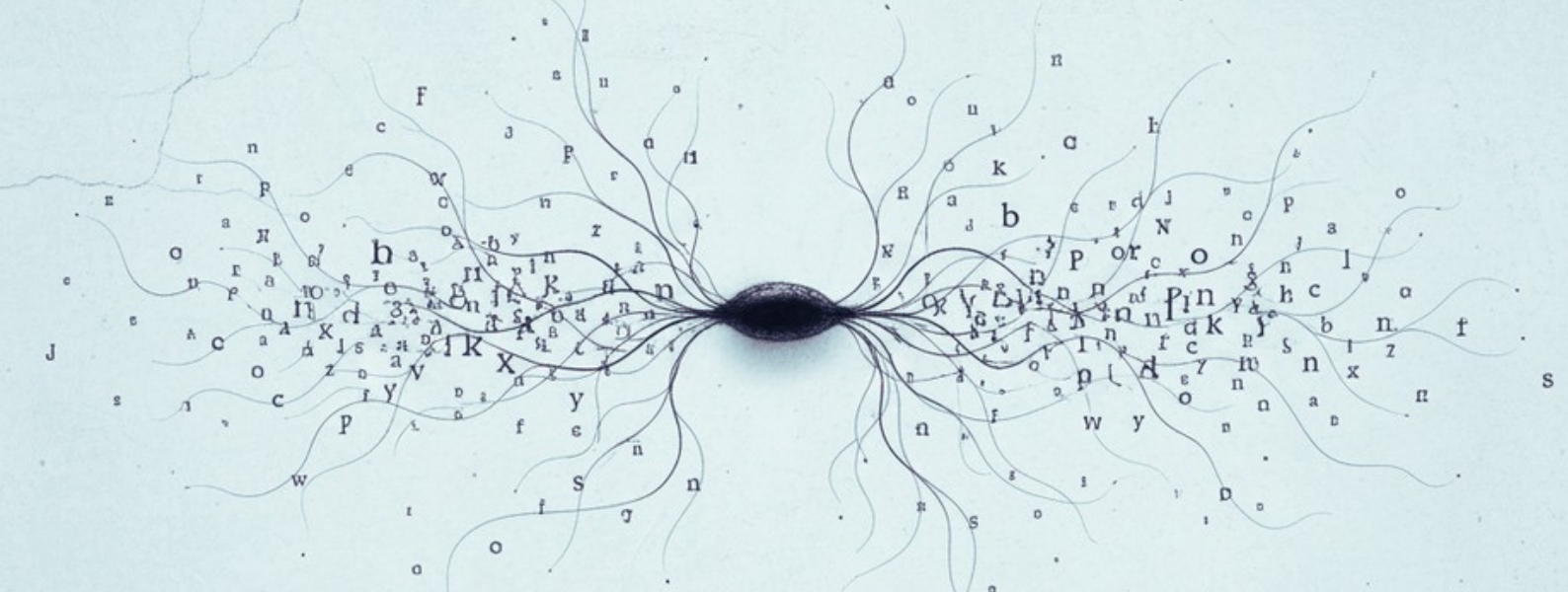
- To promote the emotional well-being and social inclusion of young people in vulnerable contexts through autobiographical storytelling and theatre.
- To foster creativity, self-confidence, and intercultural cooperation.
- To train educators and facilitators in narradrama and autobiographical writing methodologies.
- To produce a collective publication and a multilingual audiobook featuring the participants' stories.
- To share the experience through events, networks, and European platforms.

WHY NARRADRAMA?

Because stories heal. Because writing and staging lived experiences allows us to see ourselves from a different perspective.

Narrative theatre brings together autobiographical writing and performance, enabling young people to transform their personal experiences into a collective work.

Every spoken word is an act of resistance against silence, a way of taking one's own voice and inhabiting it.



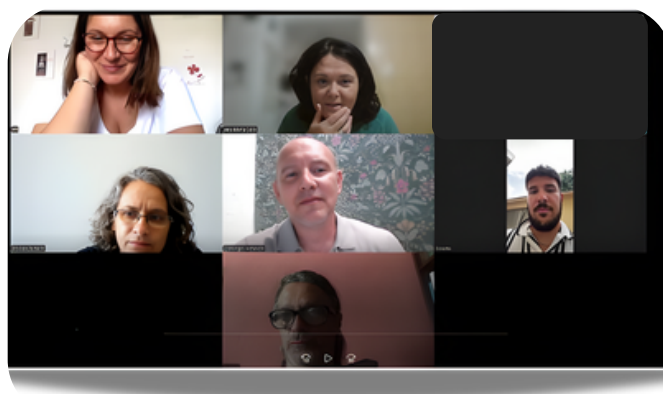
KICK-OFF MEETING - ONLINE MEETING

KICK-OFF MEETING -15 September 2025 (Zoom)

The first meeting brought together the three partner organizations:

- *MTS Edizioni (Italy) - Overall coordination of the project, narrative editing workshop, communication, promotion, and production of the audiobook and digital materials and organization of the final event in Turin.*
- *European Social Art - ESA (Spain) - Facilitation of an autobiographical writing workshop and artistic support for young participants.*

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During the meeting, the roles of each partner, the activity schedule, and the operational decisions for the project start-up were presented.

It was agreed to create a shared folder on Google Drive and to sign bilateral agreements with each organization.



MAIN ACTIVITIES

1. Autobiographical Writing Workshop - Valencia (Spain)

With the support of ESA, this will be the first intensive creative space in which young participants will explore autobiographical writing and narradrama.

2. Local Workshops - Italy and Spain.

Weekly sessions of writing and theatrical creation, with educational and artistic support.

3. Narrative Editing Workshop - Italy

Led by MTS Edizioni. Participants will learn editing and publishing techniques to transform their texts into a collective book.

4. Audiobook Production (virtual)

Coordinated by MTS Edizioni, it will include recordings in multiple languages featuring the voices of the young authors.

5. Final Event - Turin International Book Fair (Italy)

Dramatised readings, theatrical performance, and public presentation of the book and the audiobook "Narradrama - The Power of Storytelling for Youth."

TARGET GROUPS

- *12 young participants (4 per country) aged 16 to 20.*
- *6 educators/facilitators with experience in theatre, writing, or youth education.*
- *Educational communities, schools, youth centres, and the general public as indirect beneficiaries.*



The partners agreed on common selection criteria, ensuring the protection of minors in the case of the Italian participants.

OPERATIONAL DECISIONS

- *Creation of a shared Google Drive folder for project documentation.*
- *Signature of bilateral agreements with the three partners.*
- *Use of Doodle to schedule the next meeting in October.*

Planning of the first in-person workshop in Valencia is underway.

Digital dissemination will be coordinated by MTS Edizioni.

NARRADRAMA

NEXT STEPS

In October, in preparation for the workshop to be held in Valencia, the first key actions of the project were initiated. In November, the work focuses on the detailed organization of the workshop in Spain, the development of the communication plan, and the collection of audiovisual materials. In addition, the official project website and social media channels were launched, where updates, testimonies, and interviews with the young participants will be published.





PROJECT PARTNERS

MTS Edizioni (Italy) - Coordinator
European Social Art - ESA (Spain)



WEBSITE AND SOCIAL MEDIA



www.WebNarradrama



[Instagram](https://www.instagram.com/narradrama)



[Facebook](https://www.facebook.com/narradrama)



[Linkedin](https://www.linkedin.com/company/narradrama)

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Narradrama- The Power of Storytelling for Youth
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